



IMPARTING VALUES THROUGH VALUE BASED CO-CURRICULAR ACTIVITIES

1. Title of the Practice : Imparting Values Through Value Based Co-curricular Activities.

2. Objective of the Practice:

- To impart a proper grooming to the students what makes them understand the significance of ethics and values in the making of human's character.
- To infuse a sense of admiration for the culture and tradition of our nation among the students.
- To ingrain students with a sense of respect for teachers, betters and fellow human beings.
- To elicit a sense of compassion among the students for animals. To provide opportunities to express their own values and attitudes.
- To make students understand our heritage and national goals through value education, so as to become a more sensitive and responsible citizen.
- To protect, preserve and conserve the natural and cultural environment and to make judicious use of natural resources.
- To make students empathetic towards the disadvantaged groups of society.
- To prepare students to be cautious and conscious regarding health, hygiene and cleanliness.

3. The Context :

In the contemporary world, there is a great deal of moral degradation in the society. Today youngsters are confused because of the change in value system in the society which leads them to many dilemmas. Hence, to inculcate ethics and human values among the students of tertiary level, it becomes a primary requirement that the attitude and approach of the students towards these attributes should be properly conceived. Value-oriented education focuses on developing individual personalities of the students by which they would be able to shape their future and tackle difficult situations at any point of their life with ease. Therefore, value education should not be seen as a separate discipline but as something that should be inherent in the education system. The 1986 National Education Policy, as well as the New Education Policy 2020 invariably emphasized on the importance of values in the education system in which the teachers have a great role to play. Moreover, students should be infused with the importance of developing scientific temper and environmental values.

Co-curricular activities are a vast resource for value education and values can be



fostered through many learning and sharing activities. Through these activities students learn to work in a team and imbibe the values like tolerance, cooperation, nationalism, sense of responsibility, empathy, thoughtfulness, etc. Apart from this, students also acquire life skills like communication skills, critical thinking, self-confidence and other skills that help them in facing today's competitive world. These lively activities transform the higher educational institutions into the real nurturing home of responsible citizens of the nation rather than teaching shops.

4. The Practice :

Cocurricular activities help the students to gain self-confidence, get rid of shyness and inferiority complex, and identify their potential abilities and skills. Activities such as sports, drama debate, field trips, etc. are conducted to inculcate values among students. Clubs like Science Forum, Red ribbon club, Eco club reinforce the values that have been imparted through various activities. Moreover, being a higher education institution of science, we are committed to enhance the scientific temper of our students by organizing various science related events and activities as well as celebration of days like national science day, international day for preservation of ozone layer, world environment days, etc. As the issues related to environment and converting our premises and the adjacent villages ecofriendly, plantation drives, awareness rallies, campaigns against various deadly diseases, cleanliness camps, etc. are regularly conducted.

Some of the activities which are carried for inculcating values are given in the following table

Activities	Values
'Say No to Plastic '	For developing values of keeping the surrounding we live and work clean.
Tree plantation programmes	To contribute to 'greenery' in the surrounding area and contribute to a green Earth.
Distribution of sweets and shoes in villages.	To become more responsible and caring citizens
Celebration of yoga day and mental health awareness programme.	To inculcate the values of mental and physical well-being.
NCC, NSS and Red Cross	To develop social qualities like team spirit, fellow feeling, co-option, tolerance, etc.
Celebration of social and religious functions	To inculcate cultural and tradition.
Cleaning the natural water bodies and participation in wild life conservation programmes, celebration of wild life week.	To sensitize students to safeguard the environment
Programmes on Fundamental Duties.	To instill values for becoming responsible citizens.
Save environment " Cycle Rally "	To create awareness about the reasons of environmental pollution.
Training workshop on organic farming	



Cleanliness drive	To impart values of cleanliness for our environment and our life.
Awareness programmes on diet and nutrition by experts.	To impart value health, hygiene and nutrition.
Celebration of important days for example Reading inspiration day , Sadbhavna divas , Mahaparinirvan divas , National science day , youth day and festivals	To promote ethics and traditional values, communal harmony and understanding and national integration.
Awareness campaigns on AIDS and other diseases like cancer, leprosy, cancer and mosquito borne diseases.	To make students and society aware about the causes and remedies of these fatal diseases.
Blood Donation Camp, Eye Camps, and Health Check-up camps, campaign to make students aware about donation and transplantation of organs.	To make students appreciate the importance of health and fitness in themselves and in others
Lectures on value education, meditation, ethics and moral values.	To raise the social, human and moral quotients of students.
No tobacco campaign, deaddiction awareness lecture and celebration of international drug abuse day.	To make students aware about the danger of addiction and drug abuse.
Voter's day celebration and voter awareness campaign.	To make students to know the importance of casting vote as their primary and constitutional right and also to prepare them to spread awareness.
Voluntary service during natural calamities	To extend helping to the needy people of society.
Anti-illiteracy drives	To instill the value of education in life.
Organizing NSS camp	To provide a natural environment for the students to develop a sense of comradeship, equality, co-operation, coordination and humanity resulting from free group activities in work and play.
Celebration of birth anniversaries of great personalities M.K. Gandhi, Savitribai Fule and Swami Vivekanand.	Celebrate birth anniversaries to follow the foot-prints of these great personalities and imitate them in life.

5. Evidence of Success

We have maintained the records some of the activities pertaining to students' attendance of participation, feedback and suggestions. It is transparently reflected from the records that there has been a tremendous change in their behavior and approach towards these attributes of life. Hence, the purpose and objectives of the practice are getting accomplished. Moreover, our college has been awarded with "One Distinct One Green Champion" award by Ministry of Education, Government of India.

The proofs and evidences are given in the prescribed format for corroboration.



6. Problems encountered and Resources Required:

While scheduling activities, problems like management of schedules for multiple classes and students tends to arise. So, a teacher has to make adjustment in the time table for conducting the activities. They are ungraded and do not offer any form of academic credit therefore students consider them as a responsibility overload and some students think that participating in co-curriculum activities automatically leads to under-performance in their academics. Moreover, due to academic pressure students concentrate only on one area. Conducting health education sessions at the time when the people in the village are available. Transport, willing staff and funding through public-private partnerships can help to overcome the financial needs to support the community projects